

The British Wrestling Association Limited

COMPETITION REGULATIONS

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B.W.A. COMPETITION REGULATIONS

General Rules

1. All B.W.A. registered clubs wishing to hold a competition must inform the B.W.A. of their intention in writing at least 4 weeks prior to the event. The B.W.A. reserves the right to refuse the request if the competition does not conform to B.W.A. Policies or clashes with another previously notified event.
2. All competitions organised under the auspices of the B.W.A. shall be run in accordance with the rules as laid down by the B.W.A. unless permission is otherwise granted by the B.W.A.
3. The B.W.A. will have overall responsibility for the organisation of all major domestic competitions i.e. British and English Championships.
4. The B.W.A. will endeavour to organise major competitions on a rota basis, giving equal opportunity to each region in turn to host an event, providing that the region concerned nominates a venue suitable to the B.W.A.
5. All competitions organised under the auspices of the B.W.A. must take place on either an Olympic wrestling mat or alternatively on an area of matting approved by the B.W.A.
6. The organisers of any competition shall designate a Competition Director, approved by the B.W.A. The person approved will be responsible for all aspects of the competition with the exception of pairing masters, referees, judges and timekeepers. The decision of the Competition Director on all such aspects will be final and binding on all parties.
7. The organisers of any competition shall designate an Official-in-Charge, approved by the B.W.A. The person approved will be in charge of referees, pairing officers, judges and timekeepers. The decision of the Official-in-Charge on all issues connected with officiating and the conduct and control of wrestling bouts shall be final and binding on all parties.
8. The organisers of any competition shall designate a Head Pairing Master, approved by the B.W.A. The person approved will be responsible for the organisation of all aspects of pairing for the competition. The decision of the Head Pairing Master on all such aspects will be final and binding on all parties.

1. There must be in attendance at all competitions a nominated person with a First-Aid qualification approved by the B.W.A. That person shall be made known to all coaches and officials before the start of the competition.
10. At all competitions where children or young persons are participating i.e. below the age of 18 years the Regional Welfare Officer or their nominated deputy must be present.(This will not come into force before 2005)
11. Warm-up mats will **NOT** normally be provided at any competition approved by the B.W.A. Where the Competition Organiser provides a warm-up mat they must ensure that the warm-up mat is adequately supervised by a responsible adult for the duration of the competition. (Where supervision of a warm-up mat is not adequately provided, this will invalidate B.W.A. insurance cover in respect of the competition)
12. Club Coaches must ensure that their wrestlers are ready to participate in competition when they are called to the mat. They should always ensure that their wrestlers are wearing the correct singlet (red or blue), in possession of a handkerchief, their nails are cut short and bootlaces taped or covered. Headguards must be in place prior to commencement of the bout. Female wrestlers should be advised that short hair is more appropriate than long hair. However long hair should be secured e.g. braided to prevent interruption of the bout.
13. Only one Club Coach, who must themselves be B.W.A. approved – Level 2 and registered, will be allowed in the corner of any wrestler during competition. Approved coaches must wear a badge which will be provided by the Competition Director.
14. All clubs entering any competition will be expected to provide a referee, judge or timekeeper to officiate at that competition. Failure to provide any of the aforementioned officials may result in the club concerned either required to pay an additional fee or disqualified from entering the competition. The decision of the Competition Director in this regard will be final and binding on all parties.
15. Competitors at all major competitions, except senior competitions, will be matched in accordance with their body weight and age. Age will be determined by year of birth within a three year span. The Competition Director will have overall responsibility for the creation of weight and age groups and their decision will be final and binding on all parties. The concept of this is to increase and vary competition and to reduce the number of ‘walkovers’
16. Seniors (20 years and over in the year of competition) both male and female will compete in weight groups as defined for senior wrestlers by FILA.

17. Any athlete 16 to 19 years of age in the year of competition may compete in senior competition, with the approval of the Competition Director and providing they have the written support of their club coach and parent/guardian.
18. Major domestic competitions will comprise of two groups of athletes:

Juniors 8-19years in the year of competition
Seniors 20 years and over in the year of competition
19. Weight groups for juniors will be as follows:

Up to 32 kilos differential of 2 kilos
Over 32 kilos and up to 41 kilos differential of 3 kilos
Over 41 kilos and up to 53 kilos differential of 4 kilos
Over 53 kilos and up to 68 kilos differential of 5 kilos
Over 68 kilos and up to 80 kilos differential of 6 kilos
Over 80 kilos and up to 94 kilos differential of 7 kilos
Over 94 kilos and up to 120 kilos differential of 8 kilos
20. The organiser of any competition outside major domestic competition may apply to the B.W.A. to run a competition with alternative weight and age groups. The weight and age groups must be clearly specified within the application and the B.W.A response will be final and binding on all parties.
21. The weigh-in for major competitions will be held in accordance with the scheduled information circulated to all affiliated clubs. The weigh-in may be scheduled to take place on the morning of competition or in any period of 24 hours prior to the commencement of competition.
22. At all official weigh-ins in respect of major domestic competitions each competitor will be allocated a card which will specify their name, club, year of birth and body weight. In junior competition body weight will be specified to the nearest single decimal point.
23. Competitors will weigh-in wearing only a wrestling singlet or shorts and T-shirt.
24. Where there are only two competitors in any weight group only the 1st placed wrestler will receive a medal/trophy. The second placed wrestler will receive a certificate.
25. Where there are only three competitors in any weight group only the first and second placed wrestler will receive a medal or trophy. The third placed wrestler will receive a certificate.

26. Where there are four or more wrestlers in a weight group the first three wrestlers will receive a medal/trophy. The fourth placed wrestler will receive a certificate.
27. Any wrestler who has a walkover at B.W.A. organised competitions will receive only a certificate and free entry to the next competition.
28. Information circulated to affiliated clubs in respect of major domestic competition will specify a final closing date for entries. Any club who does not meet the deadline may be disqualified from entering the competition. The decision of the Competition Director will be final and binding in all cases.

Role of Competition Organiser

1. Set up Organising Committee and inform B.W.A. of direct point of contact
2. Submit Budget Plan to Competition Director prior to finalising venue arrangements
3. Submit Venue Plan in accordance with B.W.A. requirements
4. Carry out risk assessment of venue and competition area and submit assessment form to Competition Director
1. Ensure appropriate cleaning materials are available to disinfect mats prior to competition and to clean mats during course of competition if required
6. Ensure that competition area is set out in accordance with the Venue Plan and at the end of the competition return the venue to its original state
7. Provide calibrated scales
1. Ensure refreshments are provided for all officials
9. In relation to any B.W.A. organised event the organisers must have permission from the B.W.A. to sell any article at that event
10. Ensure there are sufficient human resources available to meet the requirements of the competition
11. Ensure facilities are available for doping control at senior competitions
1. Separate male and female changing rooms should be available together with separate showers and toilets
2. Be aware of Fire Regulations and any other Rules governing use of the venue and disseminate such information to all those in attendance at the venue
14. Complete an accident or incident form for any unusual occurrence that takes place during the competition (accidents or incidents on the mat are the responsibility of the Official-in-Charge)

Responsibilities of the Competition Director

1. The Competition Director appointed to take charge of any competition organised under the auspices of the B.W.A. must firstly be approved by the B.W.A.
1. The Competition Director will have overall responsibility for the running of the competition with the exception of pairing masters, referees, judges and timekeepers.
3. Liaise with the Competition Organiser
4. Check Budget Plan provided by the Competition Organiser
5. Ensure the venue is appropriate for the type of competition to be held
6. Ensure lay-out of competition area conforms to B.W.A. specifications
7. Prepare scheduled warm-up to take place on competition mats allowing 10 minutes for each club represented
8. Be fully aware of all rules applicable to all personnel using the venue
9. Appoint a person with a B.W.A. approved First-Aid qualifications and ensure that person is identified to all coaches and officials prior to the commencement of competition
2. In respect of junior competitions ensure that photographers/film/video operators comply with the requirements as laid down in the B.W.A. Child Protection Policy
3. Ensure calibrated scales are available for weigh-in
12. Supply to B.W.A. Administrator names of all designated personnel assisting in running of competition at least one week prior to the event in order that the administrator may verify that all designated personnel have been C.R.B. checked
13. Prior to competition brief club coaches as to their responsibilities and give resume on how the competition is to be run
3. Provide all the necessary paperwork for the competition

Responsibilities of Official-in-Charge

1. Ensure that there are sufficient referees, judges, timekeepers and scoreboard operators to secure the smooth running of the competition
2. Appoint referees to carry out weigh-in after first verifying that they have been CRB checked
2. Prior to competition brief club coaches and officials as to their responsibilities and outline any new and additional rules which may apply
3. Ensure that referees/judges do not officiate in any competition bout involving a member of their family or members of their own club
5. The decision of the Official-in-Charge on all issues connected with officiating and the conduct and control of wrestling bouts shall be final and binding on all parties
2. The Official-in-Charge may, in order to resolve any dispute arising during competition, view official video footage captured by B.W.A. approved operators. The decision of the Official-in-Charge on this issue will be final and binding on all parties
3. Must ensure that no person is allowed to sit, lie or otherwise encroach upon the edges of the wrestling mat during competition as this presents an obvious danger to those doing so and also to competitors.
4. Must ensure that only one coach is allowed in wrestlers corner during competition
5. Must ensure that accident forms are completed in respect of any incident during actual competition where a competitor is injured and as a result is unable to take any further part in the bout

Head Pairing Master

- 1.** Liaise with the Competition Director and the Official-in-Charge prior to competition.
- 2.** Ensure there are sufficient pairing masters to enable the smooth running of the competition
- 3.** Provide sufficient competition stationery to enable the smooth running of the competition
- 4.** Encourage only questions from officials and coaches during competition and **NOT** athletes
- 5.** The decision of the Head Pairing Master on all issues connected with pairing will be final and binding on all parties.

Designated Weigh-In Officer

- 1.** Must be at least National Grade 1 referee/judge at B.W.A. organised Competitions
- 2.** Must be at least National grade 2 referee/judge at all other domestic competitions
- 3.** Must be CRB checked.
- 4.** Check designated weigh-in area at least 15 minutes prior to the commencement of the weigh-in ensuring that scales are operating correctly
- 5.** Ensure that weigh-in cards are available
- 6.** Ensure that no person under the age of 18 is alone at the weigh-in. Such persons must always be accompanied by a third party
- 7.** Check the identity of the person being weighed and accurately record their weight
- 8.** Strictly ensure competitors weigh-in in either singlet or T-shirt and shorts. No person will be allowed to weigh-in either naked or wearing only underwear.

Responsibilities of Club Coaches

- 1.** Ensure competition entries have been submitted to the Competition Organiser in accordance with the time specified
- 2.** The Head Coach accompanying athletes to the competition should be BWA approved – Level 2
- 3.** It is the sole responsibility of the Head Coach of member clubs to ensure that wrestlers are of an adequate standard commensurate to the competition.
- 4.** The Head Coach should be in possession of athletes' Personal Information/Consent Forms appertaining to the competition.
- 5.** Any coach involved in an overnight stay with competitors under the age of 18 years should ensure they are fully conversant with the Safe Sports Events Guide published by the Children in Sport Unit/ Sport England and the B.W.A. Child Protection Policy.
- 6.** The Head Coach should ensure that any assistant coaches or accompanying volunteers have been CRB checked
- 7.** A Club Coach should always accompany wrestlers under the age of 18 to the weigh-in. No such individual athlete will be allowed in the weigh-in room on his/her own.
- 8.** Coaches accompanying competitors during the actual period of competition must be attired in suitable tracksuit and appropriate sportswear. Such coaches must always be B.W.A. approved – Level 2 (Please remember that only one coach is allowed in the corner during actual competition)
- 9.** Coaches should ensure that wrestlers are ready when called to the mat i.e. wearing the appropriate coloured singlet, in possession of a handkerchief, boot laces are taped or covered and that nails are short. For those competitors wearing headguards a coach must ensure that they are in place prior to the commencement of the bout. Female wrestlers should be advised that short hair is more appropriate as long hair leads to continuous interruption.
- 10.** Coaches should also ensure that a towel is provided for the convenience of their athlete during actual competition
- 11.** Coaches should be aware that their athletes are not permitted to consume any liquid during bouts including water.
- 12.** Coaches must ensure good behaviour and discipline of athletes in their care during the course of the competition.

- 13.** Coaches should ensure that where athletes under the age of 18 are permitted to go outside the competition venue they must be accompanied by an appropriate adult.
- 14.** Coaches should ensure that the footwear of their athletes is clean at all times particularly where an athlete has been allowed to go outside the venue.

Responsibilities of Designated First-Aider

- 1.** Must be present in area of competition throughout competitive bouts
- 2.** Must always be ready to apply first-aid as required throughout competition bouts
- 3.** Must be aware of the postal address and exact location of venue should ambulance be required

Athletes

- 1.** Treat others with the same respect that you would like them to show you
- 2.** Play within the rules and respect officials and their decisions
- 3.** Demonstrate fair play on and off the mat
- 4.** Respect others regardless of ability, gender, race, ethnicity, religious belief, sexuality or social/economic status
- 5.** Do not engage in any irresponsible behaviour e.g. smoking, consuming alcohol, or drugs