



# Creating a Safeguarding Culture

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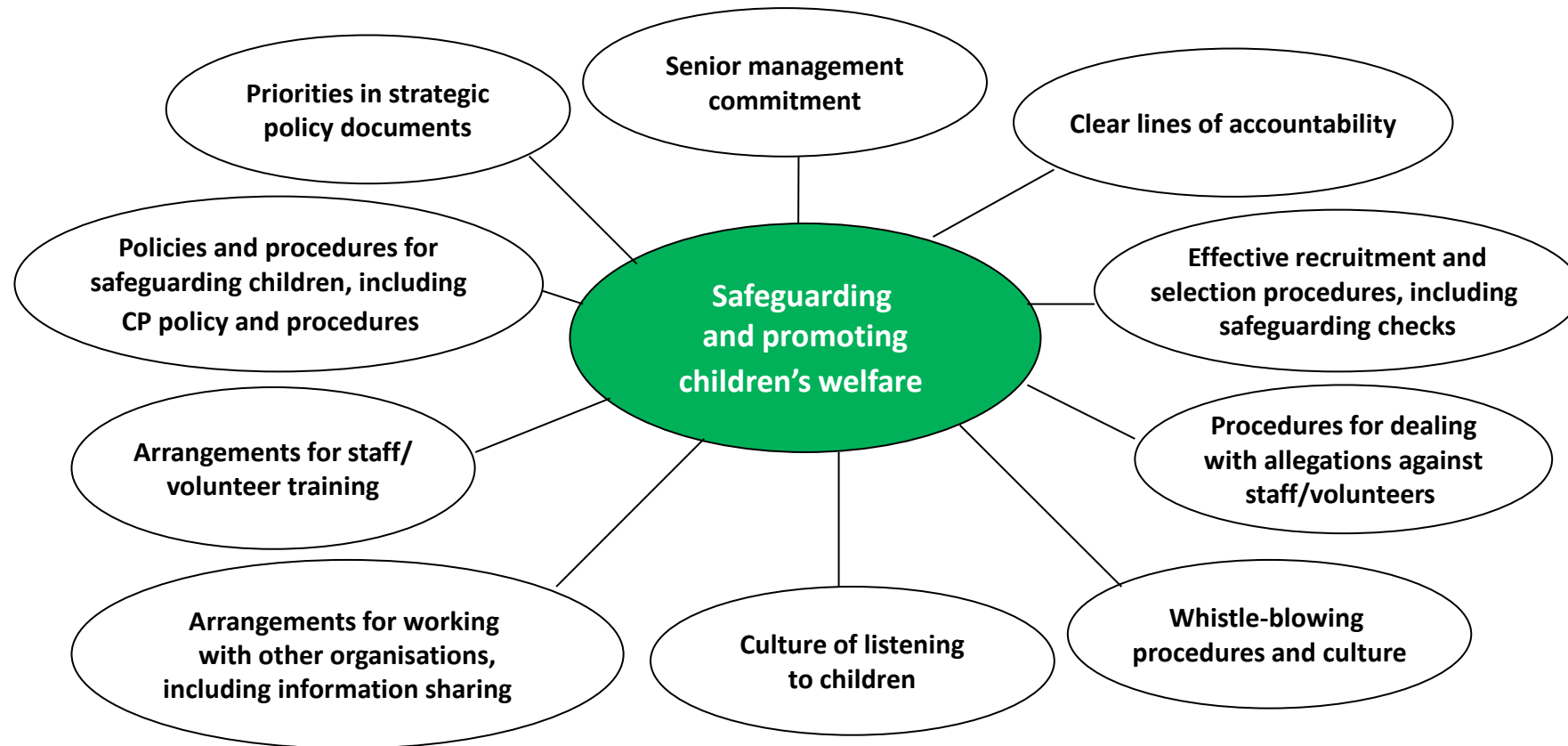
# What is safeguarding?

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- **Safeguarding** refers to the actions we take to promote the welfare of all children involved in our clubs and activities.
- **Child protection** is an important element of safeguarding for specific children who are at risk of or are suffering significant harm.
- **Safe Sport** is an environment where athletes can train and compete in healthy and supportive surroundings; an environment which is respectful, equitable, and free from all forms of harassment and abuse.

# How do we bring safeguarding to life

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[The importance of safeguarding and child protection in sport |  
NSPCC Learning - Bing video](#)

# What do these mean to me?

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- In at the Deep End
- Sheldon Review
- Safety First National Task Force -
- The Whyte Review

# In at the deep end...

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- Former Olympic coach gets 17 years for sex attack; “Top trainer” who led British athletes to medal success is found guilty of two rapes and series of assault.
- Paul Hickson, was Team GB chief swimming coach at the Seoul Olympic Games.
- Was convicted of 15 out of 17 charges at Cardiff Crown Court.

# Sheldon Review

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- November 2016
- Live on air disclosures of abuse
- 13 Recommendations focused on:
  - TRAINING AT ALL LEVELS
  - CHILDREN-CENTRED CULTURE
  - TRANSPARENCY AND ACCOUNTABILITY
  - NATIONAL DAY OF SAFEGUARDING IN FOOTBALL

# Safety First National Task Force

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- March 2019 – Wrestling Canada Lutte
- The 52 recommendations of the report broken down into key areas of:
  - Policy/Procedure
  - Education and Training
  - Complaint management



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[Athlete A Trailer #1 \(2020\) | Rotten Tomatoes TV - Bing video](#)

# Whyte Review

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- From a Netflix documentary to a knock on affect...
- 17 recommendations focused on 4 areas
  - safeguarding and welfare;
  - complaints handling;
  - standards and education;
  - governance and oversight

# What is our role?

The underpinning values of Athlete Centered Coaching are:

- 1 Safety:** The athlete's physical and emotional safety is the number one priority. It is the underlying focus for all athletic systems, structures and programs implemented by the coach and organizational administration.
- 2 Life Skill Development:** Sport is fundamentally a vehicle to develop life long skills in athletes so they can be effective and meaningful contributors to society.
- 3 Athlete Uniqueness:** Every athlete is unique and this uniqueness of personality is respected by the coach and therefore each athlete is coached in a way which is appropriate for them.
- 4 Self-awareness:** The critical skill coaches are to develop in each athlete is self-awareness. Self-awareness is firstly made up of athletes understanding their own personality and behaviors. Through self-awareness, athletes learn about their strengths, limitations, motivations and needs. With their coach's guidance, athletes can begin to self correct their technique, develop their own tactical approach and ultimately take complete responsibility for their training and game day performance. This all happens through a *consultative* approach with their coach.
- 5 Holistic Perspective:** Athletes are people first and athletes second. A coach's role therefore is to assist in developing their athletes within a holistic framework, so the athlete can develop outside of their sport as much as inside.

# How good are your observation skills

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[Test Your Awareness : Whodunnit? - YouTube](#)

**RIGHT PEOPLE**

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**RIGHT BEHAVIOURS**

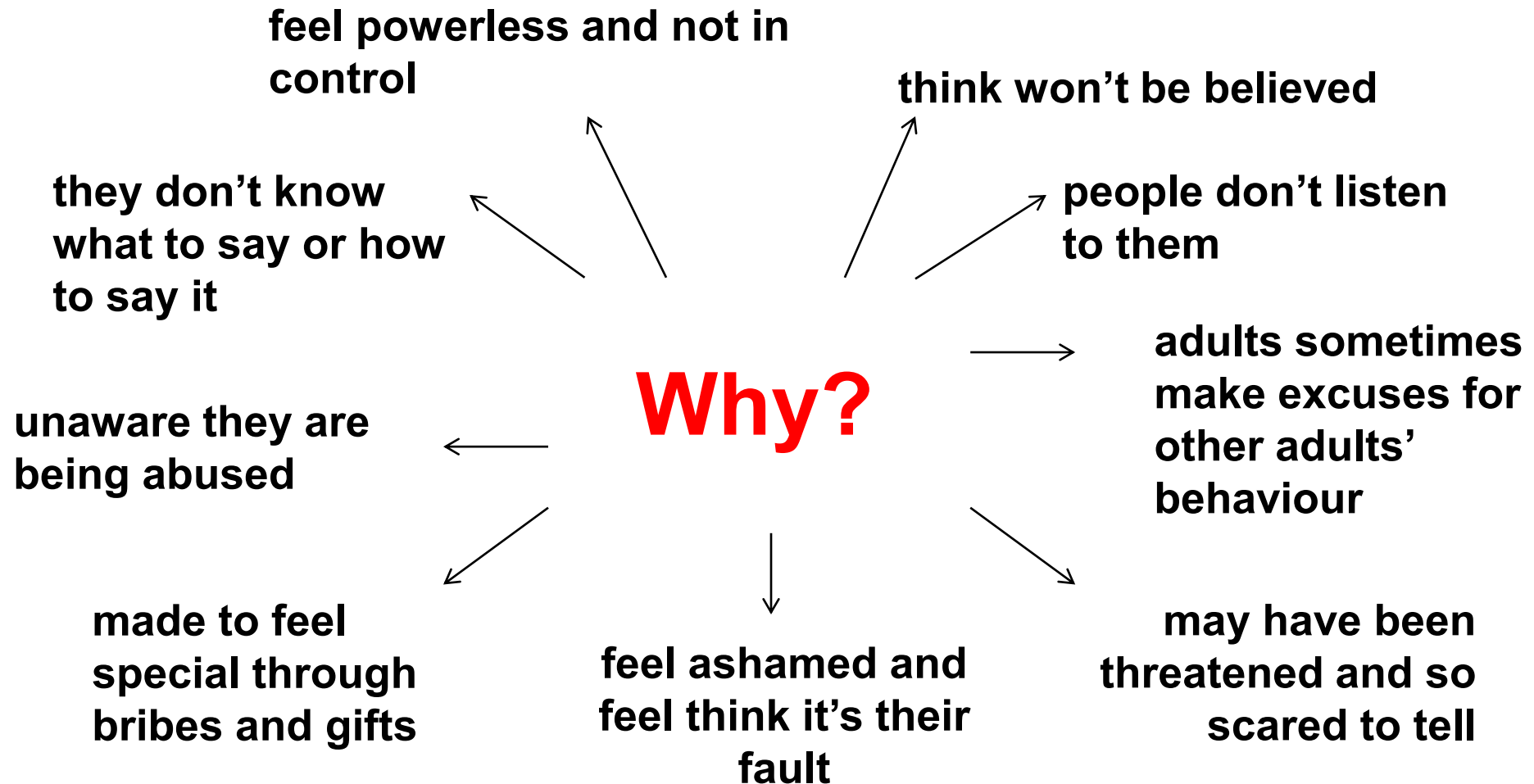
**RIGHT ACTIONS**

# CONTINUUM OF PRACTICE

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# WHY WRESTLERS WON'T TELL:



# Why are we here?

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“Sport has the power to change the world. It has the power to inspire in a way that little else does. It speaks to youth in a language they understand. Sport can create hope, where there was despair.”

Nelson Mandela



Thank you

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